

OneCare Kansas Newsletter

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Helping people live healthier lives by integrating and coordinating services and supports to treat the "whole-person" across the lifespan.

Learning Collaborative Update

In October, directors and managers from contracted partners who attended the OneCare Kansas Learning Collaborative engaged in large and small group conversations focused on challenges, opportunities, and strategies for supporting staff resilience within their organizations. Also in October, more than 30 care coordinators and social workers within the contracted network gathered to discuss ways to manage member resistance to engaging in health action planning as well as challenges and strategies for engaging member support persons in OCK services.

In the spirit of the upcoming holiday season, WSU CEI wishes to express our gratitude for the administrators and staff who are working diligently to support their members and who are willing to engage in the continuous process of improving the system from the inside. We look forward to learning with you in November!





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OCK Highlights

We have another success story that highlights the impact OCK has on our members. Our story today comes from Leah at the Community Health Center of Southeast Kansas.

"A married couple, enrolled in OCK and living in a rural, isolated area had a delinquent utility bill with the city that totaled over \$8,000. While the bill had been growing for years, the city had recently notified the family that they would be shutting off their utilities after the "no-pull orders" were lifted in relation to COVID-19 relief. One family member is oxygen-dependent and they both have asthma and COPD. The couple was very open and willing to have hard conversations about their budget and expenses, stating that they 'had been off-track for so long and were overwhelmed that they didn't know where to start.'

Our OCK team was able to connect the couple with financial assistance to reduce some of the delinquent bill. Along with the care coordinator, the couple identified opportunities to save on regular costs through resources with their Medicaid providers, such as the OTC catalog and gas reimbursement. Finally, the couple was also referred to internal legal assistance and drafted a payment agreement with the city to keep their services on. For the last four months, the couple has been able to pay their current bill plus an additional amount toward the delinquent bill. The couple says worries about their utilities have significantly eased and they feel they 'are back on the straight and narrow.'" Fantastic job, Leah and the CHCSEK team!

This story is a perfect example of "outside of the box" thinking when it comes to healthcare. OneCare Kansas is a very unique program that allows providers to be reimbursed for services that they can't typically be paid for. It is great to see the impact that OneCare Kansas is having, especially during these unprecedented times we find ourselves in. If you would like to submit an OCK success story, please email OneCareKansas@ks.gov.



Kansas Certified Peer Mentor Training Announcement

KDADS Behavioral Health Commission announces that the Kansas Certified Peer Mentor Level One training curriculum is now an online course. This level one training will provide an individual with lived experience and is in sustained SUD recovery an opportunity to apply for certification as a Kansas Certified Peer Mentor in Training (KCPMT). Under the KCPMT certification, the peer mentor may provide up to 20 hours of billable client contact per week under the supervision requirements. The KCPMT certification is valid for one year from the date of issue. Within the one year the Peer Mentor must complete the level II Kansas Certified Peer Mentor (KCPM) training and make application for Certification as a KCPM. The Level II training can be taken any time within the year once the supervisor of the KCPMT verifies that the competency to deliver services has been shown. Upon Certification as a KCPM Level II, the Mentor may provide up to 30 billable hours of peer services per week under the required supervision. Level One training is required for all persons before Level II training may be taken.

Once an individual has completed the online Certified Peer Mentor training, they will need to complete an application for Kansas Certification, which will be emailed to them from KDADS. Once the completed application is reviewed and approved by KDADS, the individual and their supervisor will receive their approval and the Certification document.

Prior to COVID-19, the Level II training was offered in-person two consecutive Saturday's at various locations in Kansas. At this time, there are not any KCPM Level II trainings scheduled.

This link, https://link.zixcentral.com/u/01985168/wmyb9mlN6xGkmOW1hnsoMg?u=https%3A%2F%2Fkansascpstraining.getlearnworlds.com, will access the LearnWorlds training platform. Individuals will need to create a username and password to create their own training account. Click on the "Sign Up Now" button to create an account and get started! This site also contains other KDADS Advanced trainings that LearnWorlds users can access.

The KDADS website will be updated soon with current information on the KCPM training including downloadable documents and link/s to access.

Manual Updates

This month the state team made a few updates to improve the OCK Program Manual. Please look for the following:

- Section 2.2 Clarified the policy regarding tele-medicine
- Appendix B Guidance added regarding cholesterol checks for the Health Action Plan

Remember to check back after the 15th of each month to ensure that you are working off of the most up-to-date Program Manual.



If you have questions, or would like more information about OneCare Kansas, please contact us.

Our page on the KanCare website also contains information about our work to develop the project and documents are being updated regularly.

If you would like to receive this newsletter please send us an email.

Email:

OneCareKansas@ks.gov

Website:

www.kancare.ks.gov



Special Note

Keeping Teen Drivers Safe

With winter approaching, the Centers for Disease Control and Prevention (CDC) would like to provide information to help keep teens safe behind the wheel. Motor vehicle crashes are the second leading cause of death for U.S. teens. Almost 2,500 teens aged 13–19 lost their lives in car crashes in 2018. That's about seven teens a day.

Eight Danger Zones for Teen Drivers

Make sure that you and your teen driver are aware of the leading causes of teen crashes and injuries: Driver inexperience; Driving with teen passengers; Nighttime driving; Not using seat belts; Distracted driving; Drowsy driving; Reckless driving; and Impaired driving.

Parents: How You Can Help Keep Teens Safe on the Road

Motor vehicle crashes are preventable, and parents can make a big difference in keeping teen drivers safe. Your guidance—and helpful, calm advice—can stay with your teen long after he or she takes the car out alone. Take these steps to help keep your teen safe on the road:

- Ride along with your teen for at least 30–50 hours. Teens lack driving experience, so the more they practice, the better.
- Watch closely and make suggestions on how your teen can improve.
- Practice with your teen at different times of day, in different kinds of weather, and in heavy and light traffic.
- Restrict your teen's nighttime driving, and make sure your teen is off the road by 9 or 10 pm for at least the first six months he or she has a license.
- Limit your teen to zero or one young passenger for at least the first six months he or she has a license.
- Require your teen to wear a seat belt on every trip. It's the simplest way to prevent car crash injuries and deaths.

To learn more about how to keep your teen safe, visit: www.cdc.gov/injury/features/teen-drivers.