

WHY US?

A case manager will help you make the best use of mental health services and ensure that the services respond to your specific needs quickly and efficiently.

Adult case managers assist you in connecting to mental health, social, medical, educational, employment, and other necessary services in order to improve functioning and remain in the community.

Case managers will assess the strengths and needs of you and your family. They will connect you with the appropriate level and intensity of mental health care, coordinate services, organize care teams, and monitor the effectiveness of the services.

Your case manager will work with you to prepare a treatment plan that is designed to meet your specific needs. The duration of these services will be determined by the plan, which may vary in length, depending on the types of

needs you have and the time it is going to take for these needs to be met.

The goal is to improve your situation and restore baseline functioning so that you can manage your life stressors independently.

As part of your transition out of case management services you may be referred to other internal programs, external agencies, or other community supports which could become a long-term provider or who can connect you with a social support network.

These referrals are the support providers who will continue to help you maintain your independence and mental health recovery in the community.

Adult Service's Coordinator

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Empowering Lives. Impacting Community.

COMMUNITY BEHAVIORAL HEALTH CASE MANAGEMENT

01. Connection:

MHA can connect you with services needed to advance your well-being.

02. Education:

MHA can give you the tools to build self-sufficiency and satisfaction in your own life.

03. Support:

MHA can help you improve your short-term functioning. Then, build a roadmap for your long-term success and wellness

WWW.MHASCK.ORG

RECOVERY

For adults with a diagnosed serious mental illness, life can be challenging. The impact of mental health challenges goes beyond just the medical symptoms.

Active recovery involves a wide range of integrated care, person-centered treatment, and community supports.

Contact Us:
316-685-1821



ADDITIONAL SERVICES

Peer Groups



Groups focus on skills to help consumers:

- Live independently
- Manage chronic diseases
- Quit smoking
- Weight loss
- Make healthy lifestyle choices
- Knowledge of community resources
- Development of healthy leisure time activities
- Symptom management
- Self-Advocacy skills
- Co-occurring disorders
- Going into education
- Getting ready for employment
- Getting in control of your life
- Self worth
- Moving beyond groups

Peer Support

This program provides peer-to-peer services designed to promote skills for coping with and managing mental health symptoms.

It also helps you learn about new resources and ways to enhance your natural supports to regain the ability to make independent choices and take a pro-active role in treatment.



MISSION

The Mission of the Mental Health Association is to empower and assist youth, families and adults in our community to achieve optimal mental health and wellness through education, advocacy, and service.

OUR SERVICES

01.

Medicare & Medicaid:

Assistance with applying for and maintaining Medicare and Medicaid insurance benefits.

02.

Mental Health & Substance treatment:

Connection to services such as therapy, psychiatry, substance use treatment and individual/group peer support

03.

Medical & Preventative Care:

Connect to medical providers for primary care, specialist care, dental, vision, and more.

04.

Employment & Education:

Connection to resources for GED, College, vocational programs, etc.

05.

Community Resources:

Connection to local supports like AA, NA, parenting groups, anger management, medical and public transportation, etc.

06.

Benefits & Financial Assistance:

Help with applying for SSI/SSDI, food stamps, housing, utilities, rent, and transportation benefits.

Emergency Service

On the weekends, after hours, and on public holidays call ComCare Crisis 316-660-7500.