

Health Plan Highlights for 2022

Look at the highlighted services below to compare plans. All physical, mental, and substance abuse services are the same in each MCO. The table below shows extra services you can receive in KanCare. Please contact your MCO by phone or the MCO website for additional details related to the value-added services.

Acronyms included: HCBS=Home and Community Based Services, LTSS=Long Term Supports & Services, I/DD=Intellectually/Developmentally Disabled, FE=Frail Elderly, PD=Physical Disability, BI=Brain Injury and CMS=Centers for Medicare & Medicaid Services

	 Aetna Better Health [®] of Kansas 1-855-221-5656 (TTY 711)	 sunflower health plan [™] 1-877-644-4623 (TTY 711)	 UnitedHealthcare [®] Community Plan 1-877-542-9238 (TTY 711)
Dental	Members 21 yrs. and older receive \$500 per year for dental services. It can be used for things like dental exams/cleanings twice each year, annual bitewing X-rays, fillings and extractions and fluoride treatments. A complete set of dentures can be provided every 5 years for those who are active on the FE and PD waiver programs.	Two dental visits each year which includes the exams and cleanings, bitewing x-rays and a panoramic x-ray every 36 months for adults 21 and over. Adult members have a maximum benefit of \$500 per calendar year. Dentures are covered for members receiving FE and PD waiver benefits. Eligibility is based on determination of need.	Any member ages 21 and over can visit a participating dental provider to get screenings, x-rays, cleanings and filling restorations (silver or white tooth colored). This includes scaling and polishing teeth. Members have a maximum benefit of \$500 per calendar year for covered services. Dentures are covered for eligible FE waiver members at no cost. One full set every 5 years.
Vision & Podiatry	Members who have diabetes, ages 21 years and older, will receive 2 podiatry visits each year.		Provide adult members (age 21 and over) with an additional \$60 per year to use toward enhanced frames.
Pregnant and New Moms	Pregnant members are encouraged to make early and frequent prenatal and postnatal visits. The PROMISE Pregnancy Program includes: <ul style="list-style-type: none"> • A redeemable reward of \$75 for the first prenatal visit within the first trimester (within 42 days of plan enrollment and with notification of pregnancy to the Health Plan). Earn up to an additional \$75 in rewards for going to pre and postnatal appointments. Rewards can be used at specific retailers for approved wellness items such as a stroller, portable crib, play yard, car seat, or a diaper and wipe package. • Text4babySM texting health program 	Start Smart for Your Baby [®] program for pregnant members, babies and families. Start Smart for Your Baby offers nursing support, education and gifts. There is no cost to the member. <ul style="list-style-type: none"> • In-home help with healthcare benefits and community services • Special texting program for Start Smart participants • Community baby showers for pregnant members. Diapers and other gifts are included in these events. • Birthday programs for children • Transportation to WIC Appointments 	Special benefits for pregnant and new moms: <ul style="list-style-type: none"> • Earn up to \$75 annually in rewards by joining Healthy First Steps program and completing all prenatal and post-birth visits. A total of 10 possible rewards for staying with the program until baby is 15 months old. • Community baby shower events for pregnant and new mothers. Moms learn about health and wellness for themselves and their babies.
Programs for Youth	Ted E. Bear, M.D. [®] Kids Club Program is for members from newborn to age 12. Member incentives include: Activity Book and \$10-\$15 gift cards (up to \$75 annually) for meeting identified goals. Members age 5 to 18 can get up to \$50 per year for activities at participating YMCA, Boys and Girls Clubs, Boy Scouts or Girl Scouts.	Sunny's Kids Club program mails a new book four times a year to children (parents) who subscribe to the program. Each Kids Club member also receives a welcome packet with a Club Membership Card. Sunny is the health plan's mascot and can be spotted at community events and at provider offices serving Foster Care members. Free services and events to promote healthy lifestyles for kids, such as covering membership fees to the Boys & Girls Club.	Families with children ages 2 to 8 can participate in the Sesame Street "Food for Thought" program. The program is where families can learn about how to eat healthy on a budget from Sesame Street characters. Youth members up to age 18 will have access to programs at the YMCA, Boys and Girls Clubs, 4-H, and selected Parks and Recreation Departments (\$50 annual benefit).
GED Programs	With CampusEd, members age 16 and up, can get their GED and learn new job skills at no cost. Members who want to complete their GED will have access to specific prep courses, assistance in scheduling exam and a voucher to pay for the exam. In addition, members interested in expanding their job skills will have access to over 3000 resources in Health Care, IT, Business, and other trades. CampusEd provides career services support, resume assistance, opportunities to earn digital badges to show experience, and access to a local network of employers currently recruiting employees.	Sunflower Transition to Employment Program (STEP) is a workforce development and employment support resource program. This program helps members identify and remove employment barriers. Benefits include enhanced transportation coverage, GED prep test vouchers, and assistance with career counseling services. Members are connected with a benefits specialist to learn how their income may impact their benefits, as well as, to learn about the STEP Scholarship program.	Adults over age 19 can get help with education advancement. This includes GED, Coding Classes, English as a Second Language (ESL), Resume Writing Workshops. Health plan will pay up to \$200 annually for education. On My Way (OMW): Young adult members can access websites to help prepare them for adult life. OMW teaches skills like managing money, getting housing, finding job training and applying for college.
Healthy Rewards	The Healthy Rewards Incentive program where members can get \$10-\$25 gift cards (up to \$75 annually) when they complete wellness activities such as: <ul style="list-style-type: none"> • Vaccines • Yearly check ups • Diabetic eye exams • HbA1C tests • Chlamydia screenings • Cervical Cancer screenings 	My Health Pays [®] rewards members when they complete healthy activities like a yearly wellness exam, annual screenings, tests and other services to protect their health. Each healthy activity earns the member between \$10 to \$75 (up to \$75 annually). These amounts are loaded to a Visa [®] Prepaid Card and can be used to help pay for: <ul style="list-style-type: none"> • Utilities • Transportation • Telecommunications • Childcare services • Education • Rent Or, members can use the rewards to shop at Walmart for everyday items such as baby care, diabetes care, digestive health, eye and ear care, fitness and wellness, foot care, first aid, groceries, home care such as air purifiers, household products like pesticides, OTC (over-the-counter) medications, and personal care.	Healthy Rewards Program allows members to earn debit card credits between \$10 and \$25 (up to \$75 annually) to use in specific retail stores. Members can purchase CMS approved health related items for doing healthy things like wellness checkups, immunizations, flu shots or completing the Health Risk Assessment (HRA) with member services.
Free Catalog Items	Each household can order \$25 per month of certain over the counter (OTC) drugs and supplies from an Aetna catalog. Monthly supplies can be ordered online or by phone and will be mailed directly to the member's home.		Home Helper Catalog: Adult members on the PD, FE and I/DD waivers can pick up to \$50 in items from the catalog per year. Select from items such as adult briefs, tub safety rails, a shower bench, over-the-counter items and other home safety and support items. The service coordinator will assist with the order.
Weight Management	Provide membership to a 12-week class from the University of Kansas Weight Management program on healthy eating, exercise and behavior change.		

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On-line Health Info / Cell Phone	<p>Access to MyActiveHealth for self-management health tools, personal health records, health assessments and lifestyle coaching.</p> <p>Free Android Smartphone with 350 free minutes per month, 1 gigabyte of data per month and unlimited text messaging for members 18 yrs. and older. Members will also receive these health extras:</p> <ul style="list-style-type: none"> • Health tips and reminders by texts • One-on-one texting with your health care team • Free calls with our member services team <p>Texting Health Programs: Care4lifeSM, Text4kidsTM, Text4healthSM, Text4babySM and Text2quitSM</p>	<p>MyStrength digital health program includes weekly exercises, mood trackers and daily inspirational quotes and videos. The program can be used on its own or with other care to support mental health.</p>	<p>Self-care, coaching, therapy, and peer support for dealing with stress, anxiety, and depression are available to all members through the premium version of the Sanvello app.</p> <p>Free Android Smartphone with 350 free minutes per month, 3 GB of data per month and unlimited messaging for members 18 years and older, max one device per household. Members will be able to opt into engagement and outreach enabling health-related campaigns and text messaging with health professionals. Members will also be encouraged to use the device for telehealth with local providers.</p>
Transportation Benefits	<p>Additional Transportation Services – Free rides for members going to the pharmacy, WIC eligibility appointments and prenatal classes. Ten round trips per year for members going to job interviews, job training, shopping for work type clothing, food bank or grocery store for food and getting community health services otherwise not covered.</p>	<p>Transportation to local community events and social activities for members receiving FE and PD waiver benefits. Sunflower also assists members with finding events and activities. This benefit includes three round trips a year.</p>	<p>Extra transportation benefits:</p> <ul style="list-style-type: none"> • Adult members age 20 and over can get up to 12 total round-trip rides per year to cover: getting to the pharmacy, grocery store, food bank, WIC, prenatal classes, job related activities such as interviews, job training, shopping for work clothes, or local community activities. • Members can also get an additional 12 rides per year (24 rides a year when combined with above benefit) to and from support group meetings. • Members who live in Wyandotte, Johnson, Sedgwick and Shawnee counties can get up to \$25 annually in bus passes.
Meals/ Farmers Markets	<p>Home-delivered meals for members 21 years and older with a medical need who have been discharged from an inpatient stay; up to 2 meals per day for up to 7 days.</p>	<p>Members can receive produce vouchers worth \$10 at special events with participating Farmers Markets.</p>	<p>Members can get 14 meals (two meals/day for seven days) if they have been discharged from a hospital, skilled nursing facility, or rehab facility and have mobility needs, no family support to assist with food access, and/or be at risk for readmission due to nutritional issues (no age requirement).</p>
Home	<p>Members ages 0-18 with an asthma diagnosis can request an air purifier to help lower the chance of an asthmatic attack. (One-time benefit).</p>		
Respite Care	<p>Up to 120 hours of respite care per year, no more than 48 hours in a single month, for members on a waiver waiting list for HCBS Services. (This must be approved by the member's case manager).</p> <p>Respite Care Background Checks for members on the LTSS waiver waiting list eligible for respite care we will provide one background check per year for a personal care services worker.</p>	<p>Up to 24 hours of respite care for non-paid caregivers who provide supports for persons on the FE and PD waivers.</p>	<p>Respite Care for I/DD waiver members receiving supported home care or home-based services. Up to 40 hours of respite care.</p>
Transition Services	<p>No Place Like Home Grant is a program that supports community-based organizations assisting members to access or maintain housing. Funds provide one-time emergency housing assistance to help keep members in their home or to establish a new home in the community.</p>		
Classes or Training			<p>Behavioral Health and Substance Abuse Training Programs:</p> <ul style="list-style-type: none"> • Question Persuade and Refer (QPR): Learn what to do in an emergency mental health moment. Be able to help someone showing suicide warning signs. • Mental Health First Aid: A training class that is like regular first aid training. Learn how to identify and respond to signs of mental illness and substance abuse. • Seeking Safety: A training that teaches coping skills to help adults, children and youth attain safety from trauma and/or substance abuse.
Extras for Waiver Members	<p>Hospital Companion Program: Members on the FE, PD, BI and I/DD waivers can receive up to 16 hours of hospital companionship per year provided by their personal care service worker while the member is in the hospital.</p>	<p>Peer Support Program for members receiving FE & PD waiver benefits, as well as members on the waiting list for PD waiver services. This social interaction includes monthly phone calls with other members, facilitated by a Sunflower Member Liaison.</p>	<p>FE members will be mailed a wellness calendar at the beginning of each year to track their doctor appointments, medications timeline, and social events.</p>
	<p>Pest Control - Members on the following waivers: I/DD, PD, FE or BI who own their own home, can get up to \$250 per calendar year towards pest control services.</p>	<p>Up to 16 hours of hospital companionship for persons on the FE, PD and I/DD waivers.</p>	<p>Adults on the PD or FE waiver can get access to one \$50 activity per member per year at local Parks and Recreation locations.</p>
		<p>Caregivers are supported through various channels in the Caregiving Collaborations program. This benefit is available to one primary, informal support caregiver per member. Benefits include the Caregiver Resource Center and a Caregiver Journal.</p>	<p>Internet Access: Persons on the PD, FE, I/DD or Autism waiver may be invited to get internet service covered as incentive for completing specific health activity.</p> <p>Pest Control treatments for HCBS waiver members who own their home. Services must be set up through service coordinator. (\$250 maximum annual benefit).</p>

To change plans call 1-866-305-5147

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Last updated 07/16/21