

OUR FOCUS IS YOU

Our OCK Care Management Team is here to help you:

- Improve your health and quality of life
- Take care of your long-term health concerns and conditions
- Work closely with your primary care doctor and other specialists
- Find community resources needed by you or your family
- Connect you with peers, in a group or individual setting, who have a shared personal experience and can support you in meeting your health goals.



WHO WE ARE

Go to our website to learn more about OCK and MHA
www.mhasck.org

Mental Health Association
of South Central Kansas
555 N Woodlawn Ave, Ste 3105
Wichita, KS 67208
316-685-1821



MHA provides a full range of mental and community health services to south central Kansas. We have been providing services and support to Kansas residents since 1957. Our clients range from 3 years to 103 years old, and we strive to ensure that everyone gets the full benefit of our scope of services. We can provide support for more than just your mental health. We also help with medical care management, housing needs, job training, smoking cessation, substance use and addictions treatment, and so much more. Our 32 programs provide the wrap-around services that commercial therapy offices cannot.



OneCare Kansas

How MHA can Help You and Your Family

- **Care Management**
We will help meet the needs that matter most to you

Medical CARE MANAGEMENT



WHAT IS CARE MANAGEMENT?

MHA provides a special type of service called Care Management.



We connect you or your child with services to help you improve your health and stay as healthy as possible.

Our services begin with a team learning about the needs that affect you or your child's physical and mental health. This can be done in your home or in a provider's office.

Once the Care Management Team knows your needs, we will work with you to set goals and make plans to meet them. The goals you have for your health are an important part of the plan

<https://www.kancare.ks.gov>

WHAT WE DO

Our Care Management Team works closely with your provider. This helps us to:

- Work with you to help you understand and participate in your plan of care.
- Set goals with you to improve your health.
- Review your medications to be sure you know how to take them correctly.
- Ensure access to the correct medications.
- Follow up with you after a hospital admission or emergency room visit.
- Help resolve any barriers to attending medical appointments, especially after a hospital or emergency room visit.
- Provide you with tools, resources, and support to help you manage your health



Your Care Management Team includes you and:

- Your Provider(s)
- Your Caregiver
- Care Managers (Nurses & Social Workers)
- Pharmacists and HME providers
- Mental Health Specialists
- Other healthcare specialists



WHO WE SERVE

Our services are a benefit of your Kansas Medicaid Health Plan. There is no cost to members or families.

- Adults
- Children/Adolescents and their parents/guardians
- Older adults
- Medicaid recipients with certain chronic medical or behavioral health concerns