










Value Added Benefits for 2024




Look at the highlighted benefits below to compare plans. All physical, mental, and substance abuse services are the same in each MCO. The table below shows extra benefits you can receive in KanCare. Please contact your MCO by phone or the MCO website for additional details related to the value added benefits.

Acronyms included: MCO = Managed Care Organization, HCBS=Home and Community Based Services, LTSS=Long Term Supports & Services, I/DD=Intellectually/Developmentally Disabled, FE=Frail Elderly, PD=Physical Disability, BI=Brain Injury and CMS=Centers for Medicare & Medicaid Services

	 Aetna Better Health [®] of Kansas 1-855-221-5656 (TTY 711)	 sunflower health plan [™] 1-877-644-4623 (TTY 711)	 UnitedHealthcare [®] Community Plan 1-877-542-9238 (TTY 711)
Dental	Members 21 yrs. and older receive \$500 per year for dental services. It can be used for things like dental exams/cleanings twice each year, annual bitewing X-rays, fillings and extractions, specific root canals (anterior and bicuspid/pre-molar), and topical fluoride treatments.	Two dental visits each year which includes the exams and cleanings, bitewing x-rays and a panoramic x-ray every 36 months for adults 21 and over. Adult members have a maximum benefit of \$500 per calendar year.	Any member ages 21 and over are eligible for added dental benefits, like specialty x-rays and specialty preventative treatments up to \$500 per year.
Vision & Podiatry	Members who have diabetes, ages 21 years and older, will receive 2 podiatry visits each year.		Adult members (age 21 and over) can get an additional \$60 once a year, to upgrade their frames.
Pregnant and New Moms	<p>Promise Pregnancy Program: Pregnant members are encouraged to make early and frequent prenatal and postnatal visits. The Promise Pregnancy Program includes:</p> <p>A redeemable reward of \$75 for a first pre-natal visit within the first trimester or within 42 days of plan enrollment. Earn a \$75 gift card by completing a postpartum visit within 84 days of delivery.</p> <p>Earn a \$10 gift card for dental check-up during your pregnancy.</p>	<p>Start Smart for Your Baby[®] is a program for pregnant members, babies and families. Start Smart for Your Baby features no-cost nursing support, education, and gifts. Plus:</p> <ul style="list-style-type: none"> • Help with benefits and community services. • Special texting program for Start Smart moms. • Baby showers at no cost are led by a Start Smart care team member. Useful baby items are offered. A nurse will be there to teach moms about: <ul style="list-style-type: none"> ○ Caring for themselves and their babies during pregnancy. ○ The many benefits available during pregnancy like dental exams and prenatal checkups. ○ Other resources, like car seat safety, the Women Infants and Children nutrition program (WIC). • Birthday programs for children and rides to WIC appointments. • Earn \$15.00 for completing a Notice of Pregnancy. 	<p>Special benefits for pregnant and new moms:</p> <p>Community baby shower events for pregnant and new mothers. Moms learn about health and wellness for themselves and their babies- Pregnant members who attend a Community Baby Shower, where UnitedHealthcare is participating, and fill out attendance form will be able to receive a pack and play valued at \$75.</p> <p>Pregnant members who complete their first prenatal exam within the first trimester (first 42 days of plan enrollment) and have their provider submit an OBRAF Form, can earn a \$75 Debit Card to buy health or baby items like diapers and wipes.</p> <p>Members can enroll in the Babyscripts program to gain access to an app that has information on nutrition, exercise, newborn care, pregnancy stages and more. Up to \$75 in rewards can be earned on a Walmart Healthy Living e-Gift Card for completing program enrollment and attending specified appointments.</p> <p>Members identified as having a high-risk pregnancy and who are engaged in care coordination, will receive food support the last trimester and first month post-partum. Member receives \$145 credit per month to use from designated website (only healthy food items available for purchase).</p>
Programs for Youth	<p>Ted E. Bear, M.D.[®] Kids Club Program is for members from newborn to age 12. Member incentives include Activity Book and up to \$25 gift cards (up to \$75 annually) for meeting identified goals.</p> <p>Members ages 5 to 18 can get up to \$50 per year for activities at participating YMCA, Boys and Girls Clubs, Boy Scouts or Girl Scouts.</p> <p>Through iFoster we will provide a tablet to youth ages 13 to 17 along with digital literacy training and access to a large number of supportive online resources for supporting existing youths in foster care.</p> <p>Foster youth in transition will receive a duffle bag filled with personal hygiene items, supplies and a blanket to assist with their transition another location. This is a one-time per calendar year benefit.</p>	<p>Sunny's Kids Club program promotes healthy eating, exercise, and education! Each Kids Club member gets a club membership card and activity book. Sunny's web page has books and fun things to do.</p> <p>Youth members, ages 5 to 18, can receive a \$50 credit per year for programs, like YMCA, Boys and Girls Clubs, or Girls Scouts or Scouts BSA.</p> <p>PROGRAMS FOR YOUTH - Strong Youth Strong Communities Program[™] (SYSC). SYSC works with the Pro Football Hall of Fame and other youth-serving groups. SYSC offers summits with topics like:</p> <ul style="list-style-type: none"> • Stay Smart: education and career development. • Stay Safe: cyber safety and healthy relationship skills. • Stay Paid: financial literacy. • Stay Ahead: leadership development. • Stay Well: supports for mental and physical health and wellness. <p>SYSC resources are found on the SYSC website and mobile app.</p>	<p>School Supplies: Members who are in foster care can receive one school supply box per year.</p> <p>Weighted Blankets: Members who are in foster care can get a weighted blanket to provide support for anxiety. Members can request one of three weight options: Light/Medium/Heavy. One blanket per member annually.</p> <p>Members 18 years and under are able to receive a bicycle helmet valued at \$50 each year.</p> <p>Members up to the age of 18 can access a \$50 activity or program (annually) at some participating organizations such as YMCA, Boy Scouts, Boys & Girls Clubs, and Parks and Recreation locations in Kansas or receive a fitness kit (or outdoor activity ball) for healthy activities at home.</p>

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GED Programs	<p>With CampusEd, members age 16 and up, can get their GED and learn new job skills at no cost. Members who want to complete their GED will have access to specific prep courses, assistance in scheduling exam and a voucher to pay for the exam. In addition, members interested in expanding their job skills will have access to over 3000 resources in Health Care, IT, Business, and other trades. CampusEd provides career services support, resume assistance, opportunities to earn digital badges to show experience, and access to a local network of employers currently recruiting employees.</p>	<p>GED/Rides/Opportunities/Work (GROW) is an employment support program. We help members identify and remove employment barriers. GROW features extra transportation coverage, GED test vouchers, and career counseling. Members are connected with a Benefits Specialist to learn how their income may affect their benefits.</p>	<p>Provide adult members (age 19 and over) with education that might help with employment, such as GED, Coding Classes, Resume Writing Workshops, & ESL (English as a Second Language). Health plan will pay up to \$200 annually for education.</p> <p>On My Way (OMW): Young adult members can access interactive websites to help prepare them for real world situations, learning practical skills such as managing money, securing housing, finding job training, and applying for college.</p>
Healthy Rewards/Wellness Items	<p>The Healthy Rewards Incentive program where members can get up to \$35 in gift cards when they complete wellness activities such as:</p> <ul style="list-style-type: none"> Vaccines Yearly check ups Diabetic eye exams HbA1C tests Chlamydia screenings Cervical Cancer screenings 	<p>My Health Pays® rewards members when they participate in their healthcare. Members can earn rewards when they:</p> <ul style="list-style-type: none"> • Complete forms like the annual health assessment or notification of pregnancy. • Participate in our Member Advisory Committee. • Complete healthy activities like-yearly wellness exams and screenings, tests and other care to protect their health. <p>Each reward earns the member between \$10 and \$25. These amounts are loaded to a Visa® Prepaid Card and can be used to help pay for:</p> <ul style="list-style-type: none"> • Utilities, transportation, phone service, childcare, education, and rent. • Or members can use the rewards to shop at Walmart for everyday items. These include baby care, diabetes care, digestive health, eye and ear care, fitness and wellness gear, foot care, first aid, groceries, air purifiers, pesticides, over the counter (OTC) medications, and personal care and more. 	<p>Members can earn debit card credits between \$10 and \$25 (up to \$75 annually) to use in specific retail stores to purchase CMS approved health related items. Ways to earn rewards: 1. Complete Health Risk Assessment, 2. Annual Well-Child visits for ages 3-17, 3. If invited to earn rewards for specific health activities, 4. Members with a Care Coordinator can earn funds to buy items that support care.</p> <p>All members can access a \$50.00 activity or program (annually) at a participating organization such as YMCA and Parks and Recreation locations in Kansas or receive a fitness kit (or outdoor activity ball) for healthy activities at home.</p> <p>Members who are enrolled in care management, whole person care, pregnant, or behavioral health programs will be mailed a calendar at the beginning of each year to track their doctor appointments, medications, and social events. Care Coordinators can make sure members received calendar and advise how to use.</p>
Free Catalog Items	<p>Each household can order \$25 per month of certain over the counter (OTC) drugs and supplies from an Aetna catalog. Monthly supplies can be ordered online or by phone and will be mailed directly to the member's home.</p>		<p>All members living in Rural and Frontier counties (determined by the state of Kansas) can receive a \$50 reusable InComm gift card to purchase over the counter items such as band aids, gloves, and other CMS approved items. This is an annual benefit.</p>
Weight Management / Nutrition	<p>Provide membership to a 12-week class from the University of Kansas Weight Management program on healthy eating, exercise and behavior change.</p>	<p>Healthy Solutions for Life offers an adult weight management program. It provides phone outreach, education, and support to members. These services improve nutrition and exercise patterns to manage weight and minimize health-risk factors. For members 18 and older.</p> <p>Raising Well® is a child weight management program. It helps overweight and obese children achieve better long-term health. It works with parents toward permanent healthy habits.</p>	<p>Nutrition: Members who complete the Create Better Health SNAP Education Classes will receive a food journal and cooking item valued at \$50.00. Members who register for and attend classes, can contact UnitedHealthcare upon completion to receive the reward.</p> <p>Dining with Diabetes: Members with a diagnosis of Type 2 Diabetes or their caregivers are eligible to attend Dining with Diabetes classes through K-State Research and Extension at no cost. Limited to one set of classes annually per member/caregiver.</p>

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On-line Health Info / Cell Phone	<p>Access to MyActiveHealth for self-management health tools, personal health records, health assessments and lifestyle coaching.</p> <p>Through Pyx Health members can download an application that helps them fight loneliness. Members can connect with compassionate humans for a friendly chat or help with resources.</p> <p>Free Android Smartphone with 350 free minutes per month, 1 gigabyte of data per month and unlimited text messaging for members 18 yrs. and older.</p>	<p>MyStrength is a digital health program. It includes weekly exercises, mood trackers and daily inspirational quotes and videos. The program can be used on its own or with other care to support mental health.</p> <p>Free Android Smartphone with 350 free minutes per month and unlimited messaging for members 18 years and older. Calls and text messages to Sunflower Health Plan do not count towards your monthly minutes.</p>	<p>Free Smartphone with free unlimited texts and minutes, free unlimited data including 25GB high-speed data, free 2.5 GB high-speed mobile hotspot data, for members 18 years and older, max one device per household. Members will be able to opt into engagement and outreach enabling health-related campaigns. Members will also be encouraged to use the device for telehealth with local providers.</p> <p>Members 18 years old and up can access 24/7 support and companionship using the Pyx Health mobile application. Pyx offers members an engaging app experience to combat social isolation and loneliness by giving them access to compassionate people who can listen and connect them to resources.</p> <p>Self-care, coaching, therapy, and peer support for dealing with stress, anxiety, and depression are available to all members through the SelfCare app.</p>
Transportation Benefits	<p>Additional Transportation Services – Free rides for members going to the pharmacy, WIC eligibility appointments and prenatal classes. Twelve round trips per year for members going to job interviews, job training, shopping for work type clothing, food bank or grocery store for food, senior services and getting community health services otherwise not covered.</p>	<p>Social transportation: Three round trips per year for FE and PD waiver members to attend local events and social activities. Sunflower can help members find events and activities to attend.</p>	<p>Extra transportation benefits: Members can get up to 24 total round-trip rides per year to cover for example: getting to the pharmacy, grocery store, food bank, WIC, prenatal classes, support group meetings, job related activities such as interviews, job training, shopping for work clothes, or local community activities inclusive of activities that members can access such as career counseling, early childhood education programs or any activities that assist members to remove transportation barriers to access services.</p> <p>Members (age 19 and over) who live in Wyandotte, Johnson, Sedgwick, and Shawnee counties can get up to \$25 annually in bus passes.</p>
Farmers Markets Meals/	<p>Healthy food gift card for members with diabetes or congestive heart failure. Members can receive \$30 a month for three months on a reloadable gift card restricted to healthy food. The member must be involved with a Care Manager who will provide them with the gift card in order for them to buy healthy food at their local grocery store. The Care Manager can assist them with signing up for SNAP benefits.</p>	<p>Home-delivered meals for FE waiver members returning home from a nursing home or inpatient stay. Covers up to two meals per day for up to seven days. KanCare covers this service for PD and BI waiver members.</p> <p>Members can receive a \$10 voucher to buy fresh produce at special Farmers Market events. \$10 voucher is per member and not capped by household.</p>	<p>Members can get 14 meals (two meals/day for seven days) from Mom's Meals if discharged from a hospital, skilled nursing facility, or rehab facility and have mobility needs, no family support to assist with food access, and/or be at risk for readmission due to nutritional issues. Benefit available within 30 days of discharge with no age requirement.</p>
Home	<p>Members ages 0-18 with an asthma diagnosis and adult members with moderate to severe Asthma and currently on the following medications: Cinqair, Dupixent, Xolair, Fasenra, Nucala will be offered an air purifier based on pharmacy utilization. The benefit is to help lower the chance of an asthmatic attack. (One-time benefit).</p>	<p>Members can use their My Health Pays® rewards to buy home care items, like air purifiers.</p>	<p>Members 18 years old and under with an asthma diagnosis are able to receive an air purifier valued at \$75. This is an annual benefit.</p>
Respite Care	<p>Up to 120 hours of respite care per year, for members on a waiver waiting list for HCBS Services. (This must be approved by the member's case manager).</p> <p>Respite Care Background Checks for members on the LTSS waiver waiting list eligible for respite care we will provide one background check per year for a personal care services worker.</p>	<p>Up to 60 hours of respite care per year, with no more than 48 hours in a single month. For members on the FE or PD waivers or members on a waiting list for HCBS Services.</p>	

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Transition Services	No Place Like Home Grant is a program that supports community-based organizations assisting members to access or maintain housing. Funds provide one-time emergency housing assistance to help keep members in their home or to establish a new home in the community.	Nursing Home Transition. Sunflower helps members return to their own homes by working with providers to: <ul style="list-style-type: none"> • Conduct advance planning. This may include finding housing and household items, confirming informal supports, and helping to hire caregivers. • Do follow-up visits. These ensure services and equipment are meeting the member's needs. • Confirm or set up PCP appointments. • Members may qualify for more financial help or benefits, based on need, when moving to independent living. 	
Classes or Training		Training & Support Programs. These include: <ul style="list-style-type: none"> • Peer support calls for foster & adoptive families through Association for Training on Trauma and Attachment in Children (Attach). • National Foster Parent Association. Recorded training library, funded by Centene and managed by NFPA. • Interactive training via FosterCare.com. • Live caregiver training. • Provider training to facilitate foster care education. 	Behavioral Health and Substance Abuse Training Programs: Seeking Safety: A training that teaches coping skills to help adults, children and youth attain safety from trauma and/or substance abuse. Mental Health First Aid Training: Members and other individuals can take an 8-hour course on how to identify, understand, and respond to signs of mental illnesses and substance use. Participants learn a five-step action plan to help an individual connect with professional, peer, social, and self-help care.
Extras for Waiver Members	Hospital Companion Program: Members on the FE, PD, BI and I/DD waivers can receive up to 16 hours of hospital companionship per year provided by their personal care service worker while the member is in the hospital.	Peer Support Program for members receiving FE & PD waiver benefits, as well as members on the waiting list for PD waiver services. This social interaction includes monthly phone calls with other members, facilitated by a Sunflower Member Liaison.	All LTSS members will receive a \$50 reusable InComm gift card to purchase over the counter items such as band aids, gloves, and other CMS approved items. This is an annual benefit.
	Pest Control - Members on the following waivers: I/DD, PD, FE, BI, TA, or the waiver waiting lists who own their own home, can get up to \$250 per calendar year towards pest control services.	Sunflower supports caregivers with the Caregiving Collaborations program. It is available to one primary, informal support caregiver per member. Benefits include the Caregiver Resource Center and a Caregiver Journal.	Internet Access: Members on HCBS waivers, without current internet service, could get internet cost covered to participate in telehealth appointments. Benefit covers 12 months, as long as member remains with UnitedHealthcare.
		Up to 16 hours of hospital companionship for persons on the FE, PD, and I/DD waivers.	Members on a Home and Community Based Services waiver who own their own home, can receive a once per year pest control treatment up to \$250 per year. Care Coordinator must determine a pest problem. *If identified need for additional treatment is noted, those treatments could be available through the Care Coordinator approval process. Weighted Blankets: Members who are on the Autism or SED Waivers will be given a weighted blanket to provide support for anxiety. Member can request one of three weight options: Light/Medium/Heavy. One blanket per member annually.

To change plans, call 1-866-305-5147 Para cambiar planes llame 1-866-305-5147

Benefits listed can change throughout the year. For the most updated benefits, please see the KanCare website:

<https://www.kancare.ks.gov/consumers/benefits-services>

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