What do the letters in STEPS mean?
Supports and Training for Employing People Successfully

What is it?
STEPS is a part of Working Healthy, the program that allows Kansas residents who have a permanent disability to work and keep their health care. STEPS is available to help people with disabilities, who are motivated to seek employment, to obtain and maintain employment, by providing supportive services. STEPS services and supports can include:

- **Working Healthy Benefits Specialists** are available to discuss how employment may impact your benefits.
- **Pre-vocational skills training** – career exploration and planning, the development of work-related skills, such as interviewing, punctuality, attendance, appropriate work behavior, etc.
- **Independent Living Skills training** – designed to enhance or improve your ability to live as independently as possible.
- **Transportation** related to employment and independent living skills.
- **Employment supports** to help keep you stable with your job – Job Coaching and support provided by Employment Specialists.
- **Personal Assistance Services** – such as someone helping you bathe, dress, or prepare meals.

STEPS, facilitated by a Community Services Coordinator, will help prepare you for employment, teach you skills to increase your independence, and provide on-going supports to help maintain employment while being able to receive/maintain health care coverage.

Who is eligible:
- Age 16 through 64
- Determined disabled through Social Security
- Individuals with behavioral health diagnoses that receive SSI or SSDI or individuals with a Physical Disability (PD), an intellectual or developmental disability (IDD), or a brain injury (BI) who have been found eligible for their respective HCBS waiver programs

Where can I get more information about STEPS?
kancare.ks.gov/consumers/working-healthy/steps