

Home and Community Based Services
Waiver Integration

Public Information Session

Today's Purpose

- Provide an overview of HCBS Waiver Integration including what changes are being considered and how they may be implemented.
- Answer your questions and gather questions that need further research.

Big Picture

- Information Meetings and Conference Calls: August 23 - September 3, 2015
- 1115(c) waiver amendment posted September 30, 2015
- Comment Period: September 30 through end of November, 2015. This will include public meetings and surveys.
- Final amendment submitted to CMS by January 4, 2016.
- Additional opportunity to submit comments to CMS

What to Expect Today

- White note cards are available for you to record your questions.
 - Please, only one question per white card.
 - We will gather white cards midway through the session.
 - Staff will respond to these questions during the second part of the session.
- Yellow note cards are available for you to share your experiences and comments.
 - Tell us how specific HCBS waivers limit you in receiving or providing appropriate services.

Today is an Information Session

Public Comment Sessions will be held in the future.

However, please share with us the following information today...

- Colored note cards are available for you to share how specific HCBS waivers limit you in receiving or providing appropriate services.
- Use the feedback form to provide input on the process today and going forward.
- The online version of the feedback form is at www: kdads.ks.gov and http://www.kancare.ks.gov/section_1115_waiver.htm

What to Expect Today

- 1.5 hours, no break, feel free to get up as needed. Refreshments are available.
- KDADS and KDHE will provide a brief summary and information about the waiver amendment and integration process.
- KDADS and KDHE will then respond to your questions as submitted on white note cards.

Please Keep in Mind...

 Not all questions asked today will have immediate answers but will be recorded and given to KDADS and KDHE staff to address later.

 These will be added to Frequently Asked Questions at www: <u>kdads.ks.gov</u> and <u>kancare.ks.gov/Medicaid_reform.htm#1115</u>

Waiver Programs Affected

- Autism
- Frail Elderly (FE)
- Intellectual/Developmental Disability (I/DD)
- Physical Disability (PD)
- Serious Emotional Disturbance (SED)
- Technology Assisted (TA)
- Traumatic Brain Injury (TBI)

KanCare Overview

History

- Kansas moved most services and supports into a program called KanCare.
- KanCare allows the state to provide all Home and Community Based Services (HCBS) through managed care.
- Currently, the HCBS programs (1915(c) waivers) operate alongside the 1115 waiver.



KanCare Services

Under KanCare, more than 400,000 Kansans get:

- Doctor visits and hospital care
- Mental health therapy
- Dental and eye care
- Medicine
- Help getting to doctor visits
- Nursing home care
- Extra (or value-added) services



HCBS Programs under 1915(c)

WAIVER	PEOPLE SERVED
Autism	People who are 0-5 with Autism Spectrum Disorder (ASD)
Frail Elderly	People who are over age 64 and frail (FE)
Intellectual and Developmental Disability	People who are 5 and older with intellectual disabilities and developmental disabilities (IDD)
Physical Disability	People who are 16-64 with physical disabilities (PD)
Serious Emotional Disturbance	People who are 4-21 with serious emotional disturbance (SED)
Technology Assisted	People 0-21 who are medically fragile and technology dependent (MFTD) ages 0-21
Traumatic Brain Injury	People who are 16-64 with traumatic brain injury (TBI)







1115 Waiver

- Medical services
- Behavioral health services
- Transportation
- Nursing Facilities
- Other long-term care

1915(c) HCBS

- Autism
- Frail Elderly (FE)
- Technology Assistance (TA)
- Physical Disability (PD)
- Traumatic Brain Injury (TBI)
- Intellectual/Developmental Disability (I/DD)
- Serious Emotional Disturbance (SED)

Why Integrate the Waivers – Part 1

- To create parity for populations served through Home and Community Based Services (HCBS)
 - services should be based on a personalized plan of care and centered on an individuals needs rather than their disability
- To offer a broader array of services some individuals have disabilities that qualify them for more than one HCBS program, but they are limited to a single set of services



Why Integrate the Waivers – Part 2

- To improve moves between HCBS Programs and in transitioning from child to adult services
- To support development and expansion of community-based services
- To make things simpler for KanCare members, their families, and providers



How Will Waiver Integration Work

Full integration of seven 1915(c) waivers into the 1115 waiver

Entrance to HCBS will remain the same, but services will fall into two broader categories:

- Children's Services
- Adults' Services



Core Features of Waiver Integration

- Eligibility requirements and process will remain the same
- Children will continue to be entitled to all medically necessary services identified through Early Periodic Screening Diagnosis and Treatment (EPSDT)
- All members will continue to be entitled to medically necessary state plan services that are part of KanCare
- Services will be authorized through personalized plans of care



<u>1115 Waiver</u>

- Medical services
- Behavioral health services
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- Children's
 Home and
 Community Based
 Services
- Adults'
 Home and
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 Services

Integration Improves Services

Increases Access to Services

- Provides eligible individuals with services and supports according to their personalized plan of care
- Potentially decreases or eliminates waiting list for services by improving upon traditional service models
- Provides supports for natural caregivers

Improves Community Integration

- Supports initiatives for integrated, competitive employment
- Offers better supports for person-centered independent living regardless of disability

How Will Waiver Integration Help Jonathan?

Jonathan is 22 years old. He was in a car accident at age 18. He can't move his arms or legs. Vocational Rehabilitation helped him to get a job, but he is having trouble keeping it. He gets PD Waiver services, including:

- Home modifications to help him get in and out of the bathroom
- Personal assistance services

He still has some health problems, like skin sores, which make it hard to move about in his wheelchair.



Jonathan in Waiver Integration

With waiver integration, and based on need, Jonathan would be able to get these new services:

- Supported Employment ongoing job supports to help get and keep a job in his community
- Health and Wellness Monitoring a nurse will visit and check on him every two months to make sure his sores are healing



How Will Waiver Integration Help Gene?

Gene is 44 years old and has an intellectual disability. He works with his family. He has a speech problem that makes it hard for people to understand him. He lives in his own apartment. He takes medicine for anxiety and high blood pressure. He gets IDD Waiver Services, including:

- Personal Attendant Services
- Supported Employment



Gene in Waiver Integration

With waiver integration, and based on his needs, Gene could get these new services:

- Speech Therapy to help with his speech problem
- Medication Reminder Services to help him take the right medicine at the right time and call or text him when he needs to take his medicine
- Home Telemonitoring a nurse will set up a machine to take Gene's blood pressure and teach him how and when to use it

How will Waiver Integration Help Maria?

Maria is 8 years old and will not need to stay on the Autism waiver. She gets these services now:

- Autism Specialist
- Intensive Individual Supports
- Respite Services

Maria would qualify for the IDD Waiver, but she still needs supports for her behaviors related to autism



Maria in Waiver Integration

With waiver integration, and based on her needs, Maria can get these new services:

- Support Broker someone will help her family make the change from services she is getting now to services that will help her as she grows up
- Parent Support and Training this will help her family plan for how to help Maria manage her behavior
- Behavior Therapy someone will teach the family how to help Maria express herself in new ways

How Will Waiver Integration Help Benjamin?

Benjamin is 14 years old. He has bi-polar disorder and asthma. He gets SED waiver services, including:

- Wraparound Facilitation
- Attendant Care

Benjamin is in high school. He will be an adult in a few years. He needs to learn good self-care skills so he can live more independently as an adult.



Benjamin in Waiver Integration

Under waiver integration, and based on his needs, Benjamin can get these new services:

- Health and Wellness Monitoring to learn how to take care of his asthma and bi-polar disorder
- Supported Employment for help finding an after school job

These services will help him become more independent as he becomes an adult.



How Will Waiver Integration Help Jamal?

Jamal is 35 years old. He was hurt in a construction accident. He received a Traumatic Brain Injury, and was in a coma for several months. He gets TBI Waiver services, including:

- Transitional Living Specialist
- Cognitive Therapy
- Occupational Therapy
- Physical Therapy
- Behavioral Therapy



Jamal in Waiver Integration

Jamal wants to go back to work, but he probably can't work in construction. With waiver integration, and based on his needs, he can get these new services:

- Supported Living some help living on his own safely
- Supported Employment short-term supports to help him develop needed on-the-job skills



How Will Waiver Integration Help Louise?

Louise is 70 years old and has had a stroke. She lives with her daughter now. Her daughter works during the day. Louise wants to go back to her own home. She is receiving FE Waiver services, including:

- Nursing Evaluation Visit
- Health and Wellness Monitoring
- Personal Care Services
- Personal Emergency Response System



Louise in Waiver Integration

Under waiver integration, Louise can get these new services, along with personal care services, so she could move back home:

- Speech Therapy someone to help her talk more clearly
- Occupational Therapy someone to help her use her hands and arms better
- Physical Therapy someone to help her get stronger and walk better



How Will Waiver Integration Help Tonya?

Tonya is 10 years old and uses a machine to help her breathe. She gets TA waiver services, including:

- Health Maintenance Monitoring
- Specialized Medical Care
- Independent Case Management

She and her parents need lots of help to keep her in their home.



Tonya in Waiver Integration

Under waiver integration Tonya and her family can get these services:

- Personal Emergency Response System to get an ambulance and medical help quickly
- Cognitive Rehabilitation to help Tonya learn better
- Support Broker someone will help her family make the change from services she is getting now to services that will help her as she grows up



How Can You Help Us With Waiver Integration?

- Ask questions
- Share what you've heard today with others
- Print information from the website to share with people who don't have internet access
- Provide us feedback through comments on the draft amendment
- Participate in a stakeholder work group to help us work out details
- Watch for more information and details



Proposed Timeline

DATE	ACTIVITY
August 25-27, 2015	Conduct initial public meetings
September 1 and 2, 2015	Hold conference calls
September 30, 2015	Publicly post draft 1115 amendment
November 9-13, 2015	Conduct public meetings on draft amendment
September-November, 2015	Stakeholder workgroup assists State with technical details
November 20, 2015	Post public comments
January 4, 2016	Submit 1115 amendment to CMS
July 1, 2016	New services available to beneficiaries



More Resources

For more information about KanCare: www.kancare.ks.gov

For more information about waiver integration:

http://www.kancare.ks.gov/section_1115_waiver.htm OR www.kdads.ks.gov

To provide feedback, email: hcbs-ks@kdads.ks.gov

Informational Conference Calls:

Tuesday, Sept. 1 @ 5:30 p.m. OR Wednesday, Sept. 2 @ 12:00 p.m.

Dial: 1-866-620-7326

Enter Code: 527-268-5242

