

#### KanCare Overview House Committee on Children & Seniors 01/26/2016

Secretary Susan Mosier, MD, MBA, FACS Kansas Department of Health and Environment

### **Overview of Medicaid and CHIP**

Medicaid and the State Children's Health Insurance Program (CHIP) are:

- Joint programs between state and federal government
- Major payers in our health care system
- Tailored by each state to meet the needs of the vulnerable populations of the state
- Growing



### **Overview of Medicaid Nationally**

#### Medicaid:

- Created in 1965 through an amendment to the Social Security Act
- Provides coverage for a broad range of health care services
- Nationally, Medicaid state and federal expenditures in FY 2014 were over \$475 billion



## **Overview of CHIP Nationally**

Children's Health Insurance Program (CHIP):

- Created in 1997, reauthorized in 2009
- Provides coverage for health care services
- Serves children in families who have too much income to qualify for Medicaid
- Nationally, CHIP state and federal expenditures in FY 2014 were \$13 billion



## **Current KanCare Beneficiaries**

- Children
- Pregnant Women
- Individuals with disabilities (physical, intellectual, developmental)
- Technology assisted children
- Kids with autism
- Frail elderly
- Able-bodied parents/caretakers under 38% FPL
- Individuals with traumatic brain injury
- Individuals with severe emotional disturbance
- Individuals with breast and cervical cancer
- Individuals with tuberculosis
- Individuals with HIV and AIDS



### **KanCare Overview and Update**

- KanCare 1115 Waiver Project
- Beginning year 4 of 5 year demonstration
- Capitated, risk-based, managed care model
- 95% of populations and services included
- Breaks down silos of care
- Improves quality/outcomes while bending cost curve down
- Provides integrated, coordinated care
- Has increased emphasis on health, wellness, prevention, early detection and early intervention



### **Innovations in Service Delivery**

- Telementoring Project ECHO
- Telemonitoring
- New Data Analytics and Predictive Modeling Platform



# **Telementoring: Project ECHO**

- Telementoring program
- We are one of eight states selected to take part in a learning collaborative for state Medicaid programs
- Based on a successful model in New Mexico, it has since expanded to Illinois, Missouri, New York, Colorado, Oregon and here in Kansas
- Links expert specialist teams with primary care in local communities
- Together they manage the patients care



## **Project ECHO Basic Tenets**

- 1. People need access to specialty care for their complex health conditions
- 2. There are not enough specialists to treat everyone who needs care, especially in rural and underserved areas
- 3. ECHO trains primary care clinicians to provide specialty care services, meaning more people can get the care they need
- 4. Patients get the right care, in the right place, at the right time; improving outcomes and reducing costs



### Telemonitoring

- Uses available technologies to allow medical professionals to monitor patients from a distance
- Allows patients that are in high risk categories to remain in their homes while providing real time health supports
- Growing number of devices that can monitor a wide variety of metrics and conditions to help patient with better health



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### **New Data Analytics Platform**

- Part of recent Kansas Modular Medicaid System procurement
- First implementation of population health tool as an integrated part of state Medicaid data system
- Next generation data analytics and predictive modeling platform for the state
- Will provide quicker and easier access to Medicaid data for decision makers; including dashboards
- Can be scaled to include variety of data sources



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#### **Leveraging Public Health Expertise**

- Oral Health Initiative
- Collaborative Improvement & Innovation Network (CollN)
- Million Hearts



### **Oral Health Initiative**

The Two Aims of the Initiative are:

- Increase by 10 percentage points the proportion of Medicaid and CHIP children ages 1-20 who receive a preventive dental service
- Increase by 10 percentage points the proportion of Medicaid and CHIP children ages 6-9 who receive a dental sealant on a first permanent molar



### Infant Mortality CollN

- Public-private partnership to reduce infant mortality
  and improve birth outcomes
- Kansas priorities
  - 1. Reduce Smoking Before, During, and After Pregnancy
  - 2. Reduce Preterm and Early Term Births
    - Reduce elective delivery prior to 39 weeks
    - o Increase utilization of progesterone
- Initiative sustained through Kansas Maternal & Child Health action plan and partnerships



### **Million Hearts**

Goal: prevent 1 million heart attacks and strokes by 2017

Prevent heart disease and stroke by:

- Improving access to effective care.
- Improving the quality of care for the ABCS with a particular focus on blood pressure control
- Focusing clinical attention on the prevention of heart attack and stroke.
- Activating the public to lead a heart-healthy lifestyle.
- Improving the prescription and adherence to appropriate medications for the ABCS.



### **Million Hearts Achievements**

- Standardization of blood pressure measurement protocols
- Use of electronic health record (EHR) systems to more accurately identify and manage hypertensive patients
- Development of a referral process to identify patients with undiagnosed hypertension
- Counseling and wellness support for lifestyle change among hypertensive patients (nutrition, physical activity, smoking cessation)
- Implementation of hypertension management protocols to control hypertension



### **Million Hearts Results**

- Percentage of patients with controlled hypertension increased from 46% to 52% in participating clinics in 6 months
- Of those patients identified as having undiagnosed hypertension, 36% achieved controlled BP values







#### Waiver Integration – Purpose

- To create parity for populations served through Home and Community Based Services (HCBS) – services should be based on a personalized plan of care and centered on an individual's needs rather than their disability
- To offer a broader array of services some individuals have disabilities that qualify them for more than one HCBS program, but they are limited to a single set of services
- Entrance to HCBS will remain the same, but services will fall into two broader categories:
  - Children's Services
  - Adults' Services



#### **Waiver Integration – Update**

- Public information meetings and calls held August 25 September 2, 2015
- Waiver Integration Stakeholder Engagement (WISE) workgroup convened and met in September and October
- Project implementation date moved to January 2017
- WISE workgroup recommendations posted and shared at public meetings and conference calls held in November



### **Waiver Integration – Next Steps**

- Stakeholder focus groups will provide advice and recommendations on:
  - Defining new services
  - Refining and improving supportive employment
  - Developing a communication and education plan
  - Dealing with waiting lists
- WISE workgroup recommendations, focus group recommendations, public input and MCO recommendations will all inform development of 1115 amendment



## Mental Health Medication Advisory Committee (MHMAC)

- Charged with providing recommendations to the Medicaid Drug Utilization Review board to promote better management of behavioral health drugs in the Medicaid program
- In three meetings MHMAC board members have proposed criteria and discussed processes for prior authorization implementation and review, including a 'Preferred Prescriber Status'
- Next meeting scheduled for February 9th



### **Approved MHMAC Criteria**

- Approved MHMAC proposals that appeared before DUR Board on Jan 13<sup>th:</sup>
  - Antipsychotic Dosing Limits
  - Use of Multiple Concurrent Antipsychotics
  - Antipsychotics for Children Age 13 or Younger
  - Benzodiazepine Dosing Limits
  - Use of Multiple Concurrent SNRIs
  - Use of Multiple Concurrent SSRIs
  - Use of Multiple Concurrent Antidepressants



#### **DUR Board**

- Drug Utilization Review (DUR) Board must accept or reject proposals in full
  - If rejected, proposals will return to MHMAC for further development
  - If accepted, state will coordinate implementation (with patient and prescriber education and outreach) with MCOs

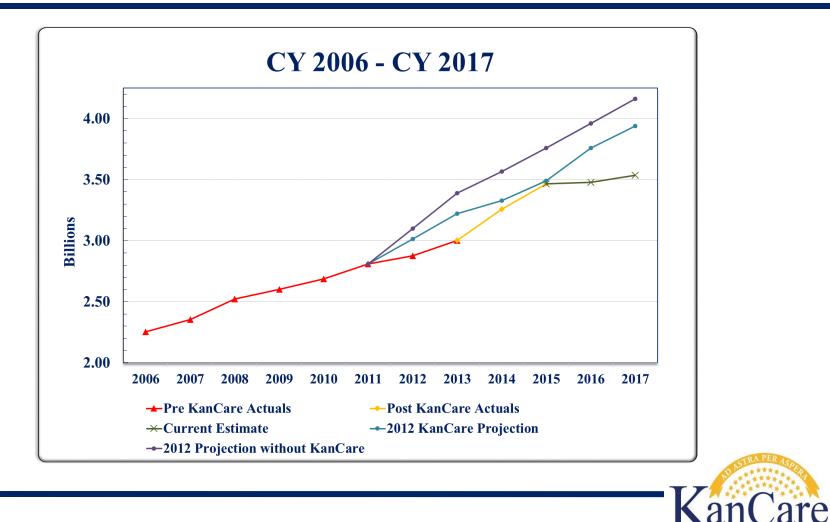


### **Medicaid Cost by Population**

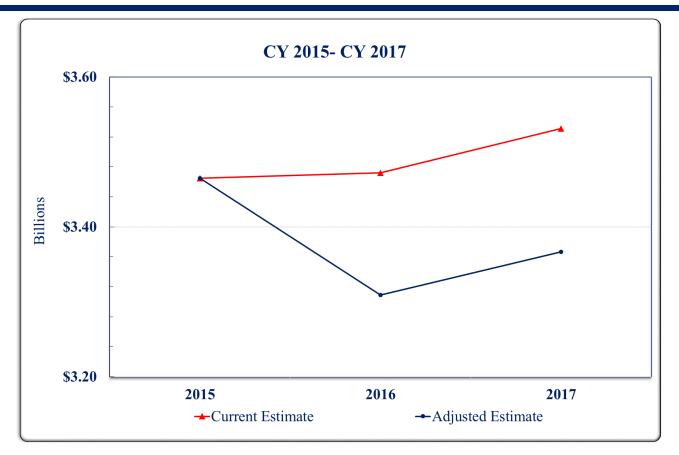
	SFY 2013	SFY 2014	SFY 2015
Children/Families	\$758,635,561	\$912,105,856	\$1,018,413,861
Individuals with Disabilities	\$1,195,106,320	\$1,261,568,920	\$1,329,427,581
Elderly	\$516,331,676	\$537,847,233	\$587,174,646
MediKan/Other	\$33,276,183	\$34,644,315	\$27,276,844
TOTAL	\$2,503,349,740	\$2,746,166,325	\$2,962,292,931



### **KanCare Cost Comparison**



### **Effect of Required Federal Changes**



Adjusted Projection is net of ACA Health Insurance Providers Fee (HIPF), DOL Sleep Cycle, Medicare Part B, Hepatitis C, and Woodwork effect.



### **Cost Comparison Components**

	SGF FUNDS			
		CY 2016		CY 2017
ACA HIPF	\$	25,093,640	\$	25,082,200
DOL Sleep Cycle	\$	7,896,600	\$	8,208,720
Medicare Part B increase	\$	6,141,800	\$	6,378,723
Нер С	\$	14,915,800	\$	14,909,000
Woodwork	\$	17,548,000	\$	17,540,000
Total	\$	71,595,840	\$	72,118,643

- ACA HIPF: nationally \$8 billion in 2014, \$14.3 billion in 2018
- DOL Sleep Cycle ruling effective January 1, 2016 from per diem to hourly rate
- Medicare Part B increase
- Hepatitis C: Federal requirement to cover new treatment drugs
- ACA Woodwork: individuals previously eligible who now apply



### **Utilization Comparison**

KanCare Utilization								
Pre Kancare (2012) vs. KanCare (2014)								
Type of Service	Units Reported	Utilization Per/1000	% Difference					
Behavioral Health	Claims	-149	-3%					
Dental	Claims	153	17%					
HCBS	Unit	694,315	23%					
Inpatient	Days	-203	-17%					
Nursing Facility	Days	1,428	0%					
Outpatient ER	Claims	-23	-3%					
Outpatient Non-ER	Claims	116	6%					
Pharmacy	Prescriptions	985	10%					
Transportation	Claims	354	57%					
Vision	Claims	48	15%					
Primary Care Physician	Claims	893	23%					
FQHC/RHC	Claims	51	6%					



#### **Diabetes Care Outcomes**

- Eight measures: Percent of diabetic population receiving HbA1c testing, eye exam, medical attention for nephropathy, HbA1c control (<7.0%), HbA1c control (<8.0%), HbA1c control (<9.0%), blood pressure control and LDL-C screening
- All eight measures were below the 50<sup>th</sup> percentile for CY 2014
- All eight measures were higher than the pre-KanCare rates for CY 2012



#### **Behavioral Health Outcomes**

- 15.2 % of SPMI adults competitively employed Q1 of 2014 increased to 16.5% in Q4 of 2014
- % of homeless adults SPMI has decreased: was higher than 2012 earlier in 2014 but 4th quarter 2014 is 4.4% lower than 4<sup>th</sup> quarter 2012
- SUD Services employment status improved in 2014



### Long Term Care Outcomes

- The percentage of nursing facilities claims denied has decreased from 11.51% in CY2012 to 9.52% in CY2014
- Falls with major injuries decreased from .62% in CY2012 to .50% in CY2014
- The percentage of nursing facilities' (NF) Medicaid members readmitted to a hospital after being discharged from a NF decreased from 7.18% in CY2012 to 3.84% in CY2014



### **Performance Improvement Projects**

- Well-Child Visits in the Third, Fourth, Fifth and Sixth Years of Life
- SUD Attendance at self-help programs





#### **Questions?**



**Committee on Children & Seniors**