



OneCare Kansas

a program of KanCare, Kansas Medicaid

OneCare Kansas Newsletter

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**Contact Information
Email:**

OneCareKansas@ks.gov

Website:

www.kancare.ks.gov



Helping people live healthier lives by integrating and coordinating services and supports to treat the “whole-person” across the lifespan.

Learning Collaborative Update

Coming in March, OCK partners will participate in a Learning Collaborative focused on a review of the first year of the program and hear what the next year has in store. Additionally, the Health Action Plan Training series will continue with a presentation on KDHE Tobacco Cessation Tools and Resources. Watch your inbox for your invitations to these events!

OCK Provider Training Update

In February, over 35 care coordinators and social workers within the contracted network gathered to discuss challenges and strategies related to keeping themselves and program participants motivated to work on OneCare Kansas goals and shared successes that they have experienced with participants over the past four months. This was such an inspiring conversation! Our next Community of Practice event will be in April. More than 40 OneCare Kansas staff also gathered in February for the first session of the Health Action Plan Training Series to learn more about Writing SMART Health Action Plans.





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OCK Highlights

We continue to gather stories regarding the OneCare Kansas program and how it is helping Kansas Medicaid members. This week’s success story comes from Susan at South Central Mental Health Counseling Center (SCMHCC).

We have an OCK member named Michael Harpstrite that struggles with schizophrenia and is a heavy smoker. He has been having dental problems for a while, and as a result, has been struggling to eat. These eating problems have affected his general physical health. Most notably, he lost quite a bit of weight and developed some nutritional deficiency problems.

Michael had been wanting to get dental work done for more than four years. But, because of his schizophrenic symptoms, he had been unable to make much progress on this goal. When he started working with our OneCare Kansas program at SCMHCC, we assigned a person to work with him on all his dental appointments. He has been going to all those dental appointments, and he was able to achieve his dental goal in January.

Michael is now gaining some weight and enjoying his meals very much. He is now due for dentures, which he is scheduled to get in June 2021 with some financial support from his mom.

Great job, Susan!

If you would like to submit an OCK success story, please email OneCareKansas@ks.gov.

Tobacco Cessation Training

Integrating Co-treatment in Tobacco Cessation: Tobacco and Behavioral Health Masterclass

In this Tobacco and Behavioral Health Workshop, co-hosted by the SAMHSA Center of Excellence for Tobacco Free Recovery, operated by the Smoking Cessation Leadership Center at UCSF, we will equip you with tools to understand the importance of co-treatment in tobacco cessation to support long-term recovery; practical guidance to outline pathways for incorporating co-treatment into existing clinical workflows; and knowledge of strategies to maximize effectiveness of co-treatment in mental health and addiction treatment facilities.

For more information, or to register for this webinar, follow this link: [Thursday, March 18, 1-3:30 p.m. ET.](#)



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Implementation Calls Discontinued

Due to low traffic in the OneCare Kansas email inbox and a general lack of discussion, March will be the last month for OCK Implementation Calls. The final Implementation Call will be from 11:00 am to 12:00 pm on March 18.

While ending these calls seems natural as we move into the second year of the program, please email OneCareKansas@ks.gov if you have any questions or concerns.

OCK Website Update

The OCK population has been significantly expanded to include additional ICD-10 codes. Specifically, there are now more asthma, bipolar, and schizophrenia ICD-10 codes, and major depressive was added as a Severe Mental Illness qualifying diagnosis.

This population expansion is scheduled to go in effect on 4/1/2021. With the additional diagnoses codes added, there were many documents and web pages that needed to be updated.

All essential program documents or forms, such as the OCK manual, ICD-10 codes document, and referral form, have been updated to reflect the population expansion.

As this population expansion falls on the start of the second year of the program, the first year of the program now has different parameters than the second and subsequent years of the program. Some documents and webpages will no longer be applicable to the current program but will nevertheless remain on the website for historical purposes.

For a complete list of the ICD-10 codes, follow this link: [OCK Target Population ICD-10 Codes](#).

Make sure to visit the OneCare Kansas website to access the most up-to-date information and forms: www.kancare.ks.gov/providers/onecare-ks-providers.

Manual Updates

This month the state team made a few updates to improve the OCK Program Manual. Please look for the following:

- Section 1.6 - Updated OCK Target Population to reflect the population expansion
- Updated SMI diagnosis language throughout manual by removing “severe” and “paranoid” and adding “major depressive disorder” to reflect the population expansion.

Remember to check back after the 15th of each month to ensure that you are working off of the most up-to-date Program Manual.



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If you have questions, or would like more information about OneCare Kansas, please contact us.

Our page on the KanCare website also contains information about our work to develop the project and documents are being updated regularly.

If you would like to receive this newsletter please send us an email.

Email:

OneCareKansas@ks.gov

Website:

www.kancare.ks.gov



Special Note

Preparing for Spring Storms

With spring approaching, it's always prudent to be prepared in case of dangerous storms or tornadoes.

Knowing what to do when you see a tornado, or when you hear a tornado warning, can help protect you and your family. Although nothing can be done to prevent tornadoes, there are actions you can take for your health and safety.

Local Warning System

Learn about the tornado warning system of your county or locality. Most tornado-prone areas have a siren system. Know how to distinguish between the siren's warnings for a tornado *watch* and a tornado *warning*.

A **tornado watch** is issued when weather conditions favor the formation of tornadoes. During a tornado watch, stay tuned to local radio and TV stations. Watch the weather and be prepared to take shelter immediately if conditions worsen.

A **tornado warning** is issued when a tornado funnel is sighted or indicated by weather radar. If there is a tornado warning in your area, you should take shelter immediately.

Important Measures To Take

- Develop a tornado emergency plan. Sketch a floor plan of where you live, or walk through each room and discuss where and how to seek shelter.
- Make sure everyone understands the siren warning system, if there's such a system in your area.
- Mark where your first-aid kit and fire extinguishers are located.
- Mark where the utility switches or valves are located so they can be turned off—if time permits—in an emergency.
- Teach your family how to administer basic first aid, how to use a fire extinguisher, and how and when to turn off water, gas, and electricity in your home.
- Learn the emergency dismissal policy for your child's school.

To learn more about how to prepare for spring storms, visit: www.cdc.gov/disasters/tornadoes/index.html.