## **OneCare Kansas Helps You:**

- Make a plan to guide you and your doctors and other providers
- Make sure you get the right services at the right time
- Learn about your conditions and how you can help yourself be healthier
- When you leave a hospital or care facility
- Reach your health goals with the help of your family or other helpers and caregivers
- Make sure you get other services and supports you need to stay in your home





For more information, please contact your KanCare health plan or visit

www.kancare.ks.gov



855-221-5656 711 (TTY)



877-644-4623 711 (TTY)

UnitedHealthcare\*

877-542-9238 711 (TTY)







a program of KanCare, Kansas Medicaid

#### What is OneCare Kansas?

OneCare Kansas provides extra help if you have a serious health condition and are part of KanCare. Being a part of OneCare Kansas will make things easier for you by helping you take care of your health. This can help lower your hospital visits and improve your health and well-being.

## What does this mean for you?

- These services will help you be as healthy as you can be
- You get to choose if you want to join
- You can join OneCare Kansas and still get other services
- Being a member of OneCare Kansas doesn't change your legal rights

## How much does this cost?

Nothing. OneCare Kansas is free to you.

#### Are these services for you?

You may qualify for OneCare Kansas if you are in KanCare and:

- You have Asthma and other health care needs OR
- You have Schizophrenia, Bipolar Disorder, or Major Depressive Disorder



### How do services work?

OneCare Kansas services are provided by your KanCare health plan and a provider in your area. A Care Manager meets with you to help you set up a health action plan. The Care Manager stays in touch with you and the other providers to make sure everyone understands what you need to stay as healthy as possible.



### What will this do for you?

- Provide support to help you manage your health
- Make sure you get the right health care services at the right time to stay as healthy as possible
- Help you find and get support services in your community

## How do you start?

 After you get an invitation letter, just contact your health plan to start

# Will this change the people you work with now?

- No, you can work with the same people. There is an exception with targeted case management. You will no longer work with your targeted case manager.
- OCK services are in addition to regular Medicaid services, except TCM.
- Other people may join your team to help you meet your health goals
- You can still work with:
  - Your KanCare health plan
  - Your community mental health center or other providers
  - Other people you work with (doctors, nurses, counselors)