Disabled

Acronyms included: HCBS=Home and Community Based Services, LTSS=Long Term Supports & Services, ID/DD=Intelectually/Developmentally Disabled, FE=Frail Elderly, PD=Physical Disability, BI=Brain Injury and CMS=Centers for Medicare & Medicaid Services

<table>
<thead>
<tr>
<th>Aetna Better Health® of Kansas</th>
<th>sunflower health plan</th>
<th>Community Blue Plan</th>
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<tbody>
<tr>
<td>1-855-221-5656 (TTY 711)</td>
<td>1-877-644-4623 (TTY 711)</td>
<td>1-877-542-9238 (TTY 711)</td>
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- **Dental**
  - Members 21 yrs. and older receive $500 per year for dental services. It can be used for things like dental exams/cleanings twice each year, annual bleaching X-rays, fillings and extractions and fluoride treatments.
  - A complete set of dentures can be provided every 5 years for those who are active on the FE and PD waiver program.
  - Members who have diabetes, ages 21 years and older, will receive 2 podiatry visits each year.

- **Vision & Podiatry**
  - Pregnant members are encouraged to make early and frequent prenatal and postnatal visits. The PROMISE Pregnancy Program includes:
    - A redeemable reward of $75 for the first pre-natal visit within the first trimester (within 42 days of plan enrollment and with notification of pregnancy to the Health Plan). Earn up to an additional $75 in rewards for going to pre and postnatal appointments. Rewards can be used at specific retailers for approved wellness items such as a stroller, portable crib, play yard, car seat, or a diaper and wipe package.
    - Healthy Rewards® testing health program
  - Pregnant and New Moms
    - Start Smart for Your Baby!® program for pregnant members, babies and families. Start Smart for Your Baby offers nursing support, education and gifts. There is no cost to the member.
    - In-home help with healthcare benefits and community services
    - Special testing program for Start Smart participants
    - Community baby showers for pregnant members. Diapers and other gifts are included in the program.
    - Birthday programs for children
    - Transportation to WIC Apointments

- **Pregnancy and New Moms Programs for Youth**
  - Members ages 5 to 18 can get up to $50 per year for activities at participating YMCA, Boys and Girls Clubs, Boy Scouts or Girl Scouts.

- **With CampusEd, members age 16 and up, can get their GED and learn new job skills at no cost.** Members who want to complete their GED will have access to specific prep courses, assistance in scheduling exam and a voucher to pay for the exam. In addition, members interested in expanding their skills will have access to over 3000 resources in Health Care, IT, Business, and other trades. CampusEd provides career services support, resume assistance, opportunities to earn digital badges to show experience, and access to a local network of employers currently recruiting employees.

- **Healthy Rewards**
  - The Healthy Rewards Incentive program where members can get $10-$25 gift cards (up to $75 annually) when they complete wellness activities such as:
    - Vaccines
    - Yearly check ups
    - Diabetic eye exams
    - HbA1C tests
    - Chlamydia screenings
    - Cervical Cancer screenings
  - My Health Pays® rewards members when they complete healthy activities like a yearly wellness exam, annual screenings, tests and other services to protect their health. Each healthy activity earns the member between $10 to $75 (up to $75 annually). These amounts are loaded to a Visa® Prepaid Card and can be used to help pay for:
    - Utilities
    - Transportation
    - Telecommunications
    - Childcare services
    - Education
    - Rent
  - Or, members can use the rewards to shop at Walmart for everyday items such as baby care, diabetes care, digestive health, eye and ear care, fitness and wellness, foot care, first aid, groceries, home care such as air purifiers, household products like pesticides, OTC (over-the-counter) medications, and personal care.

- **Free Catalog Items**
  - Each household can order $25 per month of certain over the counter (OTC) drugs and supplies from an Aetna catalog. Monthly supplies can be ordered online or by phone and will be mailed directly to the member's home.

- **Weight Management**
  - Provide membership to a 12-week class from the University of Kansas Weight Management program on healthy eating, exercise and behavior change.

- **Home Helper Catalog:** Adult members on the PD, FE and ID/DD waivers can pick up to $50 in items from the catalog per year. Select from items such as adult briefs, tub safety rails, a shower bench, over the counter items and other home safety and support items. The service coordinator will assist with the order.

- **Special Benefits for pregnant and new moms:**
  - Earn up to $75 annually in rewards by joining Healthy First Steps program and completing all prenatal and post-birth visits. A total of 10 possible rewards for staying with the program until baby is 15 months old.
  - Community baby shower events for pregnant and new mothers. Moms learn about health and wellness for themselves and their babies.

- **Healthy Plan Highlights for 2022**

Looking at the highlighted services below to compare plans. All physical, mental, and substance abuse services are the same in each MCO. The table below shows extra services you can receive in KanCare. Please contact your MCO by phone or the MCO website for additional details related to the value-added services.
Access to MyActiveHealth for self-management health tools, personal health records, health assessments and lifestyle coaching.

Free Android Smartphone with 350 free minutes per month, 1 gigabyte of data per month and unlimited text messaging for members 18 yrs. and older. Members will also receive these health extras:
- Health tips and reminders by text
- One-on-one texting with your health care team
- Free calls with our member services team

Texting Health Programs: Care4life<sup>SM</sup>, Text4kids<sup>SM</sup>, TextHealth<sup>SM</sup>, Text4Baby<sup>TM</sup> and Text2Quit<sup>TM</sup>

Transportation Benefits – Free rides for members going to the pharmacy, WIC eligibility appointments and prenatal classes. Ten round trips per year for members going to job interviews, job training, shopping for work type clothing, food bank or grocery store for food and getting community health services otherwise not covered.

Transportation to local community events and social activities for members receiving FE and PA waiver benefits. Sunflower also assists members with finding events and activities. This benefit includes three round trips a year.

Extra transportation benefits:
- Adult members age 20 and over can get up to 12 total round-trip rides per year to cover: getting to the pharmacy, grocery store, food bank, WIC, prenatal classes, job related activities such as interviews, job training, shopping for work clothes, or local community activities.
- Members can also get an additional 12 rides per year (24 rides a year when combined with above benefit) to and from support group meetings.
- Members who live in Wyandotte, Johnson, Johnson and Shawnee counties can get up to $25 annually in bus passes.

Home-delivered meals for members 21 years and older with a medical need who have been discharged from an inpatient stay; up to 2 meals per day for up to 7 days.

Members can receive produce vouchers worth $10 at special events with participating Farmers Markets.

Members can get 14 meals (two meals/day for seven days) if they have been discharged from a hospital, skilled nursing facility, or rehab facility and have mobility needs, no family support to assist with food access, and/or be at risk for readmission due to nutritional issues (no age requirement).

Members ages 0-18 with an asthma diagnosis can request an air purifier to help lower the chance of an asthmatic attack. (One-time benefit).

Up to 120 hours of respite care per year; no more than 48 hours in a single month, for members on a waiver waiting list for HCBS Services. (This must be approved by the member’s case manager).

Respite Care Background Checks for members on the LTSS waiver waiting list eligible for respite care we will provide one background check per year for a personal care services worker.

Respite Care for I/DD waiver members receiving supported home care or home-based services. Up to 40 hours of respite care.

No Place Like Home Grant is a program that supports community-based organizations assisting members to access or maintain housing. Funds provide one-time emergency housing assistance to help keep members in their home or to establish a new home in the community.

Hospital Companion Program: Members on the FE, PD, BI and I/DD waivers can receive up to 16 hours of hospital companionship per year provided by their personal care service worker while the member is in the hospital.

Peer Support Program for members receiving FE & PA waiver benefits, as well as members on the waiting list for PA waiver services. This social interaction includes monthly phone calls with other members, facilitated by a Sunflower Member Liaison.

FE members will be mailed a wellness calendar at the beginning of each year to track their doctor appointments, medications timeline, and social events.

Pest Control - Members on the following waivers: I/DD, PD, FE or BI who own their own home, can get up to $250 per calendar year towards pest control services.

Caregivers are supported through various channels in the Caregiver Collaborations program. This benefit is available to one primary, informal support caregiver per member. Benefits include the Caregiver Resource Center and a Caregiver Journal.

Internet Access: Persons on the PD, FE, I/DD or Autism waiver may be invited to get internet service covered as incentive for completing specific health activity.

Pest Control treatments for HCBS waiver members who own their home. Members must be set up through service coordinator. ($250 maximum annual benefit).